

# WELCOME BACK!!

## Weakley County School Nutrition Program

### Dresden High School


#### January 2019 Menu

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”



#### Soup & Sandwich Bar offered Monday, Wednesday, & Friday

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7 Oatmeal Bar</b>	<b>8 Gravy &amp; Biscuits</b>	<b>9 Chicken Slider</b>	<b>10 Yogurt Bar</b>	<b>11 Sausage, Egg, Cheese Slider</b>
Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries	Deli Sub Philly Steak and Cheese Sub Vegetable Soup Fresh Salad (1 c) Fries	Chicken Nuggets w/ Hot Roll Mini Corndogs Parsley, Seasoned, or Mashed Potatoes Bacon Green Beans	Asian Chicken w/ Fried Rice Beef Dippers w/Hot Roll Stir Fry Baby Carrots with dip	Rib Sandwich Chicken Philly Steamed Broccoli Sweet Potato Variety
<b>14 Muffins</b>	<b>15 Breakfast Pizza</b>	<b>16 Sausage and Biscuit</b>	<b>17 Gravy &amp; Biscuits</b>	<b>18 Oatmeal</b>
Dill Chicken Sandwich (comparable to Chic-Fil-A) Fish Sandwich Cheese Lettuce, Tomato, Pickles Waffle Fries Baked Beans Slaw	Chuckwagon Popcorn Chicken Macaroni and Cheese Hot Roll Glazed Carrots Green Beans	Pollo Loco Chicken with Cheese & Rice Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans	Sausage or Chicken Pattie Biscuit Gravy Hashbrown Tomato Slices	Grilled Cheese Hot Dog Chili w/ Crackers <i>(Chili can be served with both entrées)</i> Steamed Broccoli and Cheese Baked Potatoes w/toppings
<b>21 Martin Luther King, Jr. Day</b>	<b>22 Strudel</b>	<b>23 Chicken Slider</b>	<b>24 Yogurt Bar</b>	<b>25 B-Fast Pizza</b>
NO School 	Corndog Cheese Sticks w/ Marinara Carrots w/ Ranch Pepper Fries	Bacon Cheeseburger Chicken Fajita Lettuce, Tomato, Pickles, Onion Fajita Veggies/California Blend Fries	Quesadilla Traveling Taco Mexican Beans Spanish Rice Mexican Taco Trimmings & Salsa	Parmesan Chicken Fish Planks Mexican Cornbread Glazed Carrots Slaw White Beans
<b>28 Sausage &amp; Biscuit</b>	<b>29 Cereal</b>	<b>30 Bacon, Egg, and Cheese Biscuit</b>	<b>31 Gravy &amp; Biscuits</b>	<b>February 1 Pancake Wrap</b>
Stuffed Crust Pizza Burrito Corn Fresh Side Salad w/ Cherry Tomato	Poppy Seed Chicken or Country Fried Steak with gravy Cornbread Black-eye Peas Cabbage	Popcorn Chicken Meatloaf Roll Green Beans Mashed Potatoes/ Gravy	Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/dip English Peas	Lasagna Chicken Rings Roll Sweet Potatoes Pinto Beans